

A Free Monthly Newsletter From Your Friends At Affordable Automotive Center

Always Drive With Care

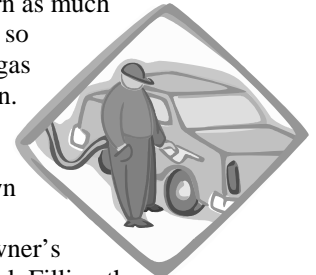
Whether you're just going to the store or driving cross-country, safety behind the wheel is paramount. Avoid becoming a statistic by following these safe-driving tips:

- ✓ **Stop signs.** To ensure you come to a full stop and avoid an accident (or a ticket), spell the word S-T-O-P to yourself and feel the car rock backward before stepping on the gas again. Remember to look left, right, and straight ahead before proceeding.
- ✓ **Stopping time.** Always make sure you've got enough time to stop your car if the vehicle ahead of you slams on the brakes unexpectedly. To be safe, start counting when the car in front passes a stationary object. If you pass the object before reaching a count of four, you're too close. Slow down. At night, or when the weather is hazardous, increase the count to give yourself enough room.
- ✓ **Parked cars.** In the city, be careful when driving past a line of parked cars. Stay toward the center of the road in case someone opens a door without warning.
- ✓ **Armrests.** Don't use the armrest while driving. Your arms need to be free and ready to turn the wheel in case of an emergency.
- ✓ **Lights.** Check regularly to make sure they're clean and clear so oncoming drivers and pedestrians can see you in low visibility. If your car has a center-mounted brake light in the rear window, be sure that's clear when wiping off snow, ice, or mud. Switch your headlights on any time visibility may be even slightly impaired.
- ✓ **Steering wheel.** Keep your hands at the 10 o'clock and 2 o'clock positions while driving, or the 9 and 3 positions. This gives you maximum control over your steering.

Don't Dump Your Dollars At The Pump

Saving on gasoline helps the environment as well as your own personal bottom line. To minimize the amount of money you pay at the pump, follow these guidelines:

- **Maintain your car.** Have us service and maintain your vehicle regularly so it runs as efficiently as possible. You can help by keeping your tires properly inflated or stop by and we will do it for you. All these things can improve your car's performance and mileage.
- **Get a windshield shade.** Blocking the hot sun in the summer will keep your car's interior cooler and reduce your air conditioning needs.
- **Fill up carefully.** Don't overfill your tank and allow gas to slosh out. Tighten the gas cap so fuel can't evaporate through any gaps.
- **Brake with care.** Try to avoid slamming on your brakes. Once in motion, a car doesn't burn as much gasoline as it needs to accelerate, so braking unnecessarily can waste gas when you need to accelerate again. Keep a safe distance between cars, and be alert for anything that might cause you to slow down so you can brake early.
- **Buy the right gas.** Check your owner's manual for the correct octane level. Filling the tank with a higher octane doesn't usually improve performance, and it generally costs more. If you need assistance with this, just stop by.



Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at

(765) 654-9598 or email is at affordableautoworld@comcast.net

November Events

- | | |
|---------------------------|------------------------------------|
| November 1 st | Daylight Savings Time Ends |
| November 3 rd | Election Day |
| November 3 rd | Sandwich Day |
| November 11 th | Veterans Day |
| November 26 th | Thanksgiving |
| November 9-15 | World Kindness Week |
| November 22-28 | National Game & Puzzle Week |
| November 1-30 | American Diabetes Month |
| November 1-30 | National Alzheimer's Disease Month |



IS YOUR VEHICLE READY TO GO "OVER THE RIVER & THROUGH THE WOODS"?

The Holidays Are Just Around The Corner And We Want To Make Sure Your Vehicle Can Go All Those "Extra Miles". For The Month Of November, We Will Be Running A Pre-Holiday Special! **You Will Get A 45-point Inspection, Oil Change, Lube & Filter For Only \$29.95!**

Expires 11/30/09

(Must Present Coupon)

Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

**Tina Gish, Kelly Gick,
Robert Scott, Keith Gephart,
Clinton County Sheriff's Dept.**

Sharpen Your Mind To Learn Better

As we grow older, learning and remembering new information can grow more difficult.

But here are some tips to help you stay on top of the knowledge game and keep you learning as you age:

- Focus on concentrating. Distractions are the bane of any learning attempt. If you're attending a seminar or training session, sit near the instructor and maintain eye contact with him or her. Try not to fidget; simply relax into the session and let your focused attention do the job.
- Say it out loud. Read aloud the material you're trying to learn and repeat out loud the facts you want to retain. This way, both your eyes and your ears are delivering information to your brain
- Tame frustration. If you're getting frustrated over material you're trying to learn, remind yourself that getting emotional will only hamper your ability to retain information. If you have to, step back and take a break.

Don't Assume It's Easy As 1-2-3

A brand-new Little League baseball coach called a friend for advice. The friend, who had coached everything from soccer to track with his kids, told him, "I always started by numbering the bases."

The new coach was surprised. "What do you mean?"

The friend explained that the first year he coached Little League, he laid out the bases and had the kids line up. "To warm up, let's have everybody jog around the base path," he said. And the first four kids took off toward third.

"Ever since," he said, "I've numbered the bases and explained that you have to run them in order. You'd be amazed at the number of kids who go from first to third by cutting across the pitcher's mound."

The moral: Never assume people know what's obvious to you. Explain what they need to know.



Are Cell Phones Dangerous? Watch For These Symptoms

Doctors are calling it "cubital tunnel syndrome," but it's more commonly known as "cell phone elbow," and experts say it's the second most common nerve compression syndrome in the upper extremities after carpal tunnel syndrome.

Symptoms include tingling, burning, aching, or numbness in the lower half of the arm (the ulnar forearm—the region between elbow and wrist facing away from the body when you bend the arm to touch your shoulder).

The symptoms usually arise after prolonged cell phone use. The easiest way to get rid of it? Switch your cell phone to the other hand, or use a hands-free set. You could also just hang up.

Journey To The Center Of The Earth...? (Not Quite)

Scientists have drilled nearly a mile into the Earth's crust and for the first time extracted specimens of gabbro—dense black rock formed by the slow cooling of magma chambers beneath the ocean. The Web site LiveScience reports that the ship JOIDES Resolution, drilling about 500 miles west of Costa Rica, also was able to bring up an intact section of the stratified layer of crust overlaying the gabbro. Experts hope to analyze both samples for a better understanding of the formation and structure of the ocean's crust, which affects how mountains form and contributes to the creation of earthquakes and volcanoes.

Spinal Cord Recovery In A Lovely Shade Of Blue?

Eating blue M&Ms won't save your life, but the compound that produces their distinctive blue color may decrease the severity of spinal cord injuries. Tests with mice at the University of Rochester Medical Center in New York found that injecting Brilliant Blue G intravenously into the spinal cord after trauma can block a chemical that causes irreversible damage to spread beyond the site of the original injury. The compound has to be administered within 15 minutes of the injury and has the side effect of turning the subject's skin a bright blue. Researchers will have to conduct more tests before determining whether it's safe to try on humans.

Ask us about our client referral program!



Send a friend, family member or associate to us as a new client & they will receive

\$10.00 off their bill & we will send you a FREE oil change certificate!!

Most of our new customers come from our existing happy clients.

To be honest, we'd rather give you the money & service clients like you.

Stop by & pick up your referral cards today!



Congratulations To Our Client Of The Month!

Every month, we choose a very special client of the month. It's our way of acknowledging our great clients and saying thanks to those that support our business with referrals and repeat business.

This month's Client of the Month is
Betty Walker for being a wonderful person & great client!

Murphy Was An Optimist

Here are some laws that seem to govern everything that could possibly go wrong in life:

- ❖ Any technical problem can be solved if you have enough time and money. Corollary: You never have enough time or money.
- ❖ When you ask your husband to pick up five items at the grocery store, and then you add one more as an afterthought, he will forget at least two of the first five.
- ❖ Food that starts out hard will soften when it gets stale. Food that starts out soft will harden when it gets stale.
- ❖ The candy bar you bought to eat on the way home from the store is always hidden at the bottom of the grocery bag.
- ❖ When you work late, no one will notice. When you leave work five minutes early, you will always meet your boss in the elevator.

Proofreading Is A Dying Art, Wouldn't You Say?

- Cold Wave Linked to Temperatures
.....Who would have thought?

- Red Tape Holds Up New Bridges
..... You mean there's something stronger than duct tape?

- Man Struck By Lightning: Faces Battery Charge
.....He probably IS the battery charge!

- Astronaut Takes Blame for Gas in Spacecraft
.....That's what he gets for eating those beans!

- Hospitals are Sued by 7 Foot Doctors
.....Boy, are they tall!

The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice. For guidance on any specific matter, please consult a qualified professional.

A Thanksgiving Chuckle...

A biologist called a leading genetics journal to announce his great news: "After years of research, I've found a way to end every argument over who gets the drumstick at Thanksgiving dinner! I'm thinking Nobel Prize! I've bred a turkey with six legs!"

The editor was skeptical. "But how does it taste?"
"I don't know. I can't catch the thing!"

Do You Want To Win A Free Lube, Oil & Filter Change?

Take the trivia challenge and you just might win!

Each month we'll give you a new trivia question. The first 10 people to call with the correct answer will be eligible to win. At the end of the month we'll draw one lucky name. That winner will receive a FREE Gift Certificate for a Lube, Oil & Filter Change from us. Here is this month's trivia question: What is the name of the ship that is drilling about 500 miles west of Costa Rica?

(Hint: the answer is somewhere in this newsletter)

- A) BARTLETT Stokes C) FISHER Veterans
B) ADOBE Runners D) JOIDES Resolution

Call right now with your answer!

The answer to last month's trivia challenge was, "In what year do experts believe Christopher Columbus was born? C) 1451." Congratulations to last month's lucky winner

Ralph Gunther

Thanks For The Kind Words

"Thanks for saving your family during our breakdown. Your prompt towing & repair was a blessing. Great work!"
- Steve Simmons

The Warranty On Your New Vehicle Stays In Effect When Maintenance Is Performed Here.

We are legally authorized to fulfill maintenance obligations on all vehicles, even new ones, & when we use appropriate parts & procedures, the vehicle's manufacturer is bound to honor its warranty obligations. Your vehicle's care starts at 00001 miles.

A Free Monthly Newsletter
From Your Friends At
Affordable Automotive Center
1552 Walnut Ave.
Frankfort, IN 46041



PRESORTED
FIRST-CLASS
US POSTAGE
PAID
WEST PRESS
85726

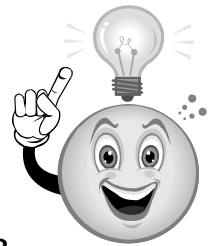
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What's Inside?

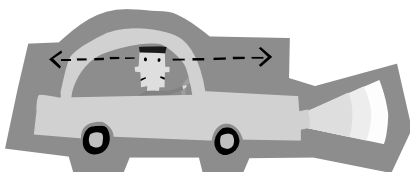
- Driving With Care -
- How You Can Sharpen Your Mind To Learn Better -
 - A Thanksgiving Chuckle -
 - Proofreading Is A Dying Art -
- Win A FREE Lube, Oil & Filter Change -
 - November Events -
 - Money Saving Offers -
- & Much More!



What's The Answer?



- *How Long Should You Stop At A Stop Sign?*
- *What The Heck Is 'Cubital Tunnel Syndrome'?*
- *Are You Spending Too Much Money At The Pump?*
- *Will Blue M&M's Be Used To Treat Injuries In The Future?*



*The Answers To These And Many
More Questions Are Inside*

